



## International Clergy Lay Minister Certification

### Training Outline

The Clergy / Lay Ministers Certification (24 hours) is designed to provide basic knowledge about gambling addiction and treatment *and* recovery resources, to enhance the clergyperson's skills at recognizing disordered gambling, and to provide information for the gambler's family on dealing with their loved one's addiction. With specialized training leading to national/international certification, knowledgeable clergy/faith-based workers, can offer guidance, educational materials, support, hope, spiritual care, and other resources.

- I. BASIC KNOWLEDGE OF PROBLEM AND DISORDERED GAMBLING
  - A. History of Gambling and Definition of Gambling and Disordered Gambling
  - B. Subtypes of Gamblers
  - C. Stages of a Gambling Problem
  - D. Public Awareness and Perception of Gambling; Impact of Advertising
  - E. Cultural Influences
  - F. Gambling and Adolescents, Women, Seniors
  - G. Suicide and Gambling
  - H. Spiritual Issues: Guilt, Shame,
  - I. Connecting/ Disconnecting with Reality and Responsibilities
- II. GAMBLING AS ADDICTION
  - A. Similarities and differences with Substance Use Disorders
  - B. Co-occurring disorders
  - C. Etiology of a Gambling Problem: Models
    - 1. Biological
    - 2. Psychodynamic
    - 3. Behavioral
    - 4. Cognitive Behavioral
    - 5. Social Learning
    - 6. Addiction
    - 7. Self-Regulation
    - 8. Economic
  - D. Recovery Signs and Problems

- E. Natural Recovery
- F. Secrecy and Trust Dynamics
- G. Spiritual Issues: Forgiveness, Trust, Doubt, Fear
- H. Gambling Impact on the Family & Children
- I. Gam-Anon Support
- J. Financial Issues
- III. ENGAGEMENT WITH GAMBLING DISORDER
  - A. Assessment and Screening
  - B. Stages of Change
  - C. Motivational Interviewing
  - D. Working with Family
  - E. Codependency and Enabling
  - F. Overview of Treatment
  - G. Social Costs
  - H. Concepts of Hope and New Life, Making Amends
  - I. Twelve Step Recovery Program
  - J. Twelve Steps: Spiritual Implications and Responses
  - K. Operational Forces within the Twelve Steps
  - L. Steps Four and Five: Perspectives for the Clergy
- IV. PATHOLOGY OF GAMBLING AND RECOVERY
  - A. Dependency, Compulsion, Obsession
  - B. Gambling and the Brain
  - C. Cognitive Disorders
  - D. Personality of the Individuals with Gambling Disorders
  - E. Pathways Model
  - F. Gamblers Anonymous
  - G. Life, Meaning and Purpose
  - H. Framework for Recovery:
    - 1. personal survival
    - 2. self-reclamation
    - 3. service to others
    - 4. connection to community
  - I. Blessing: Defining Recovery
  - J. The Serenity Prayer: A Recovery-Resolution Model
  - K. Self-Help Recovery Groups in a Faith Community
  - L. Prevention Strategies and Outreach within a Faith-Based Setting
  - M. Faith-Based Models for Addiction Ministries