

## **The Florida Council on Compulsive Gambling Offers the Following Online Continuing Education Opportunities:**

*(additional specifics on content provided in following sections)*

To obtain **Continuing Education Credit (CEU)** or **Continuing Medical Education Credit (CME)**, an active Florida LMHC, LMFT, LCSW, or medical healthcare provider license number is required. Certificates are provided, and all CEU's or CME's are posted to the appropriate accreditation body during the first week of the month following completion (i.e. if you complete a training in March, you can expect your credit posted and certificate emailed during the first week in April).

Florida Certified Addictions Professionals and Registered Interns are welcome to participate in these training modules as well, however CEU's will not be provided without the appropriate licensure as outlined above. CAP's and Interns will be issued an electronic certificate of completion by the FCCG for the specified training during the first week of the month following completion.

### **1. 60 Hour Certification Training – (Sessions 1-8)\* - (60 CEUs)**

*\*Prepares participants for next steps in compulsive gambling certification (ICGC exam, etc.)*

60 Hour Certification Training - **Session 01:** "Overview and Basic Knowledge"

60 Hour Certification Training - **Session 02:** "Understanding Gambling Disorder"

60 Hour Certification Training - **Session 03:** "Research & Client Care"

60 Hour Certification Training - **Session 04:** "Engaging Clients"

60 Hour Certification Training - **Session 05:** "Special Populations & Gambling"

60 Hour Certification Training - **Session 06:** "Women – Seniors – Spirituality"

60 Hour Certification Training - **Session 07:** "Problem Gambling & Treatment Planning"

60 Hour Certification Training - **Session 08:** "Putting it all Together"

**Registration Link:** <https://fccg.wufoo.com/forms/register-for-the-fccgs-60-hour-training>

### **2. Best Practices in Managing Suicide-Risk in Patients with Gambling Disorder - (1 CEU)**

**Registration Link:** <https://fccg.wufoo.com/forms/best-practices-in-managing-suicide-risk>

### **3. Bridging the Gap Between Substance Use Disorders & Gambling Addiction - (1 CEU)**

**Registration Link:** <https://fccg.wufoo.com/forms/bridging-the-gap>

### **4. Differentiating Recreational Gambling from Addiction - (1 CEU)**

**Registration Link:** <https://fccg.wufoo.com/forms/differen-recreational-gambling-from-addiction>

### **5. Gambling Disorder: Assessment, Awareness, & Application in the Criminal Justice System - (1.5 CEU's)**

**Registration Link:** <https://fccg.wufoo.com/forms/register-for-the-fccgs-drug-court-training>

### **6. Mindfulness & Problem Gambling - (1 CEU)**

**Registration Link:** <https://fccg.wufoo.com/forms/fccgs-mindfulness-problem-gambling-training>

### **7. Technological Impacts on Gambling - (1 CEU)**

**Registration Link:** <https://fccg.wufoo.com/forms/technological-impacts-on-gambling-training>

### **8. A Chance for Change: Gambling Addiction & Older Adults - Senior Service Provider - (2 CEU's)**

**Registration Link:** <https://fccg.wufoo.com/forms/senior-service-module>

### **9. Understanding Youth Gambling: The Good, the Bad, the Ugly - Jeffrey L. Derevensky, PhD, Child and Adolescent Psychologist– 1.0 CEU**

**Registration Link:** <https://fccg.wufoo.com/forms/understanding-youth-gambling>

### **10. Loot Box RNG: A Case Exploration of Video Game Gambling - Daniel A. Kaufmann, PhD, LMHC, BACC I, ICGC-II, Qualified Supervisor MH/MFT– 1.0 CEU**

**Registration Link:** <https://fccg.wufoo.com/forms/loot-box-rng-exploration-of-video-game-gambling>

### **11. Understanding Military Culture and Treatment for Disordered Gambling in Military and Veterans - Glenn Osowski, ICGC-II, CPSS– 1.0 CEU**

**Registration Link:** <https://fccg.wufoo.com/forms/disordered-gambling-in-military-veterans>

12. **Teaching Optimism in a Reality Based World** - Heather Kleckinger-Craven, LPC, ICGC-II– 1.0 CEU

*Registration Link:* <https://fccg.wufoo.com/forms/teaching-optimism-in-a-reality-based-world>

13. **Ethics and Finances: When to Return Control of Money to the Gambler** - Eric Groh, LPC, ACS, CPCS, ICGC II– 1.0 CEU

*Registration Link:* <https://fccg.wufoo.com/forms/when-to-return-control-of-money-to-the-gambler>

14. **The Relationship Between Trauma and Disordered Gambling** – Ken Litwak, ICGC, CCTP– 1.0 CEU

*Registration Link:* <https://fccg.wufoo.com/forms/relationship-between-trauma-disordered-gambling>

15. **The Soul Behind the High: Finding Beauty Even in Brokenness of Grief and Loss** - Deborah Haskins, PhD, LCPC, ACS, MAC, ICGC-II, BACC– 1.0 CEU

*Registration Link:* <https://fccg.wufoo.com/forms/the-soul-behind-the-high>

16. **Treatment of Gambling Disorder & Common Comorbidities** - Jon Grant, JD, MD, MPH – 1.0 CEU

*Registration Link:* <https://fccg.wufoo.com/forms/treatment-of-gambling-disorder-comorbidities>

17. **(Inactive)** - Best Practices: Diagnosis - Pathological Gambling - CME Module - (1 CME)

### **FCCG Online Clinical Training & Educational Module Specifics:**

- 1) **60-Hour Certification Training (CE Broker Tracking #: 20-311229)** – This module contains the foundational educational components that a mental health treatment provider must obtain to begin the process towards state or national certification to treat gambling addiction. Please visit the Florida Certification Boards website for more information on the state’s certification: <http://flcertificationboard.org/certifications/certified-gambling-addiction-counselor-cgac/>
- 2) **Best Practices in Managing Suicide-Risk in Patients with Gambling Disorder (CE Broker Tracking #: 20-612934)** – This module discusses the prevalence of suicide risk often encountered by mental health providers in working with problem gambling populations. Specific assessment tools and prevention strategies are discussed by the presenter, along with therapeutic suggestions and interventions to use during treatment.
- 3) **Bridging the Gap between Substance use Disorders and Gambling Addiction (CE Broker Tracking #: 20-523848)** - This is a training module for mental health professionals to learn more about co-morbidity and effective treatment modalities for clients dually addicted with drugs and/or alcohol and gambling disorder.
- 4) **Differentiating Recreational Gambling from Addiction (CE Broker Tracking #: 20-612940)** – This training module explains the progression of gambling from a form of casual entertainment all the way to a clinically identifiable pattern of addictive behavior. The presenter provides viewers with examples of tools for assessment and problem gambling behavior identification for use in a variety of clinical settings.
- 5) **Gambling Disorder: Assessment, Awareness & Application in the Criminal Justice System (CE Broker Tracking #: 20-523850)** - This is a training course about the link between gambling addiction and crime, geared towards treatment professionals in legal environments (i.e. jails, courts, etc.) to learn how to assess, diagnose, and refer clients that may exhibit signs of a gambling disorder.
- 6) **Mindfulness and Problem Gambling (CE Broker Tracking #: 20-612942)** – This training module explores the use of clinical mindfulness skills in effectively working with unique issues encountered in problem gambling specific treatment. Throughout this course participants are guided through a sequence of content, including theory, discussion from content experts in mindfulness research, and a guided meditation experience.
- 7) **Technological Impacts on Gambling (CE Broker Tracking #: 20-523852)** - A training module for mental health and addiction service providers to learn how technology has impacted the problem gambling field (i.e. ease in access of gambling opportunities due to mobile phones, laptops, etc.) and application of resulting appropriate therapeutic strategies.
- 8) **A Chance for Change: Gambling Addiction & Older Adults - Senior Service Provider Module (CE Broker Tracking #: 20-277233)** – This training module offers a comprehensive approach for elder service providers to use to address common situations that seniors encounter. It offers viable approaches to prevention, assessment, intervention, treatment, and outreach, as well as recreational options, resource referrals, and population specific programs.

- 9) **Understanding Youth Gambling: The Good, the Bad, the Ugly** – 1.0 CEU - Jeffrey L. Derevensky, PhD, Child and Adolescent Psychologist

CE Broker Tracking #: 20-767185

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***  
***Session Description***

The landscape of gambling continues to dramatically change across the U.S. With increased social acceptability, technological advances, legislative changes, and the possibility for increased sports wagering there remains a concern about young people's gambling involvement. Traditionally viewed as an adult activity, adolescents continue to be engaged in multiple forms of regulated and unregulated forms of gambling. Is this a problem? Dr. Derevensky will provide a brief historical perspective of our knowledge of youth gambling, the risk factors associated with adolescent problem gambling, prevention strategies, and address current issues of concern.

***Learning Objectives***

1. Present the current knowledge of youth gambling
2. Explore the risk factors associated with adolescent problem gambling
3. Examine youth gambling prevention initiatives

***Bio***

Jeffrey L. Derevensky, PhD, is James McGill Professor and Director of Clinical Training in School/Applied Child Psychology; Department Chair of Educational and Counseling Psychology; and Professor, Department of Psychiatry at McGill University. Currently the Director of the McGill University Youth Gambling Research and Treatment Clinic and the International Centre for Youth Gambling Problems and High-Risk Behaviors, Dr. Derevensky has authored books, book chapters, over 200 published papers, and serves on the editorial board of numerous scholarly journals. Considered an international expert on youth gambling, he has testified as an expert witness in North and South America, Europe, Asia, and Australia.

- 10) **Loot Box RNG: A Case Exploration of Video Game Gambling** – 1.0 CEU - Daniel A. Kaufmann, PhD, LMHC, BACC I, ICGC-II, Qualified Supervisor MH/MFT

CE Broker Tracking #: 20-767183

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***  
***Session Description***

This session is designed to aid gambling addiction counselors and mental health professionals in understanding the similarities in the play experience now often found throughout online compatible video games and RNG-based gambling. The session will provide a case example, along with an explanation of concepts which are critical for explaining the experience of both gambling and video games, and will highlight elements of each, which increase the risk for an addiction-like level of engagement from the player.

***Learning Objectives***

1. Discuss experiential components for both online video games and gambling disorder in the context of treatment and create a conceptualization for hybrid conditions consisting of elements from each problem and how they impact upon individuals concurrently.
2. Contrast the experiences of commonly researched forms of gambling with the experiences currently available throughout a wide range of video games.
3. Review a severe case of gambling disorder via an online testimony of a dedicated player of the casual videogame - Final Fantasy: Brave Exvius.

***Bio***

Dr. Kaufmann is currently a Full-Time Faculty member at Grand Canyon University, serving as a core faculty and departmental content lead in the masters and doctorate-level counseling programs. He is a Licensed Mental Health Counselor and Qualified Supervisor in the state of Florida, as well as an Internationally Certified Gambling Counselor (ICGC-II)/Board Approved Clinical Consultant (BACC). He received his doctoral degree in Counselor Education and Supervision from Barry University, where his doctoral research explored the integration of personality theory with decision making among MMORPG players.

11) **Understanding Military Culture and Treatment for Disordered Gambling in the Military and with Veterans** – 1.0 CEU - Glenn Osowski, ICGC-II, CPSS

CE Broker Tracking #: **20-767179**

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***  
***Session Description***

The National Council on Problem Gambling estimates that as many as 56,000 active duty members of the Armed Forces meet criteria for gambling disorder, and studies have shown that veterans have elevated rates of gambling problems—at least twice the rate of the general adult population. This presentation will assist mental health professionals understand the uniqueness of military culture to assist in treatment of active duty military, veterans or family members with problem or disordered gambling. Rates of disordered gambling are much higher for veterans and active duty military.

***Learning Objectives***

1. Understand American military culture in society.
2. Identify the particular problems facing problem gamblers in the military.
3. Understand best practices for gambling treatment and develop skills to build rapport and a therapeutic relationship with the military or Veteran and his or her family.

***Bio***

Since 2015, Glenn Osowski has provided Vocational Development and Therapeutic Employment Services for the Healthcare for Homeless Veterans team at the Ann Arbor VA Healthcare System. Prior to his current position, Glenn was a Readjustment Counseling Therapist for four years at the Brecksville VA Gambling Treatment Program. He is an International Certified Gambling Counselor-II and is certified in Interpersonal Psychotherapy (IPT) and Cognitive Behavioral Analysis System of Psychotherapy (CBASP). He has over 9,000 clinical hours counseling gamblers as inpatients and outpatient 75% more likely to experience. Prior to his VA career, he served 13 years as a U.S. Marine. Glenn is also a recovering compulsive gambler.

12) **Teaching Optimism in a Reality Based World** – 1.0 CEU - Heather Kleckinger-Craven, LPC, ICGC-II

CE Broker Tracking #: **20-767175**

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***

***Session Description***

Rational thought and reality testing are powerful tools of recovery for intervening on the fantasy thinking that happens with gambling disorder. Positive thinking and optimism also have a significant role in the recovery process. In this session, participants will learn about the psychological and physiological benefits of optimism, Cognitive Behavioral Therapy (CBT) skills to improve optimistic thinking, and to integrate realism and healthy optimism interventions into treatment goals.

***Learning Objectives***

1. Review the psychological and physiological benefits of optimism.
2. Compare optimism and fantasy thinking.
3. Increase knowledge of CBT tools to develop healthy optimism.

***Bio***

Heather Kleckinger-Craven, MS, LPC, ICGC-II has been with the Louisiana Association on Compulsive Gambling (LACG) since 2011. Before being selected as the Director of Clinical Services for LACG in July 2017, she served as the family counselor and then as the Program Director for the Center of Recovery (CORE), which is a residential gambling disorder treatment program through LACG. She has worked as a counselor, trainer, and administrator in the field of behavioral health for more than 19 years.

13) **Ethics and Finances: When to Return Control of Money to the Gambler** – 1.0 CEU - Eric Groh, LPC, ACS,CPCS, ICGC II

CE Broker Tracking #: 20-767171

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***

***Session Description***

Research and professional training are replete with clinical practice and gamblers relinquishing control of finances. Less attention has been given to when it is clinically appropriate for family to return control of finances to gamblers. Many gamblers have no apparent financial management problems prior to advancement of their addiction, therefore return of financial control should be considered during recovery. There are several factors to consider and checkpoints in treatment that inform this important component of recovery. Gamblers resuming control of finances should be guided by ongoing DSM 5 diagnosis and assessment and progress in family counseling.

***Learning Objectives***

1. Distinguish premorbid severe financial management, and financial problems, resulting from a gambling addiction.
2. Learn how to recognize the gamblers' relationship with money as they progress in recovery.
3. Understand when it is appropriate to discuss the return of finances with the family.

***Bio***

Eric Groh is founder of the Atlanta-based Georgia Council on Problem Gambling (GCPG), the 7th most populous state chapter of the NCPG. Eric served as consultant to Williamsville Wellness Gambling Treatment Program in Richmond Virginia. GCPG coordinated the first Governor proclamation for Problem Gambling Awareness Month in state history. Eric is an experienced national presenter on topics ranging from gambling addiction to specializing in ethics training and consultation for mental health professionals.

14) **The Relationship Between Trauma and Disordered Gambling** – 1.0 CEU – Ken Litwak, ICGC, CCTP

CE Broker Tracking #: 20-767163

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***

***Session Description***

This presentation describes the types of trauma and delineates the ways traumatic experience may lead to the addiction of disordered gambling. The presenter describes both adult onset trauma and developmental trauma and the relationship to problem gambling with information drawn from recent and historical studies in Australia, the United Kingdom, and United States. He further discusses treatment for trauma as integral to recovery from disordered gambling and to avoid replacement addiction. The presentation includes anecdotal descriptions of work with clients and discussion about challenges for the future.

***Learning Objectives***

1. Discuss the relationship between disordered gambling and traumatic occurrences.
2. Identify a history of traumatic occurrences in clients being seen for problem gambling.
3. Discuss treatment strategies for problem and disordered gamblers related to trauma.

***Bio***

Ken Litwak is an ICGC-I, a Certified Clinical Trauma Professional, and Problem Gambling Prevention Specialist for the Council on Compulsive Gambling of New Jersey. He graduated from City University of Seattle with an AS in General Studies and a BA in Management with certificates in Child and Adolescent Development and Gerontology. He is working toward an MS in Professional Counseling from Grand Canyon University. Ken works as an alcohol and drug counselor and has spoken at various events and conferences in the State of New Jersey and nationally about disordered gambling. Ken is a U.S. Navy Veteran.

- 15) **The Soul Behind the High: Finding Beauty Even in Brokenness of Grief and Loss** – 1.0 CEU - Deborah Haskins, PhD, LCPC, ACS, MAC, ICGC-II, BACC

CE Broker Tracking #: 20-767161

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***

***Session Description***

Grief and loss affect every human being, including mental health professionals. Many persons experiencing problem gambling and gambling disorders also have experiences of loss, including complicated grief experiences which are often difficult to heal. Problem gamblers frequently are escaping grief and loss experiences by escaping through gambling. There is a “soul behind the high of gambling,” and mental health professionals can use this training to help gamblers and loved ones to “find the beauty, even in their brokenness of grief and loss,” as they heal and manage their gambling recovery plans.

***Learning objectives***

Increase own comfort to explore grief and loss as a mental health professional.

Identify the influence of grief and loss experiences among problem gamblers/gambling addiction.

Learn 3 evidence-informed grief/loss techniques

***Bio***

Dr. Deborah G. Haskins is President of the Maryland Council on Problem Gambling, Director of Counseling Programs and Associate Professor of Counseling at Trinity Washington University. She has a PhD in Pastoral Counseling from Loyola University MD and BA from Rider University. Dr. Haskins is a Licensed Clinical Professional Counselor, Master Addictions Counselor, and Internationally Certified Gambling Counselor. She has 25 years’ experience treating gamblers and specializes in culturally and social justice attuned mental health and community wellness. She focuses on healing the “soul behind the high” and helping others find beauty in brokenness, including mental health professionals.

- 16) **Treatment of Gambling Disorder & Common Comorbidities** – 1.0 CEU - Jon Grant, JD, MD, MPH

CE BROKER TRACKING #: 20-797672

***Approved CEU's for the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling***

***Session Description***

Gambling disorder is frequently associated with other co-occurring mental and physical health problems. This presentation will discuss these common comorbidities, how the clinical and cognitive presentation of gambling disorder differs based on comorbidities, and treatment approaches to gambling and these common problems.

***Learning Objectives***

1. Identify the common comorbidities of gambling disorder.
2. Understand the clinical presentation of these comorbidities with gambling.
3. Describe evidence-based treatment approaches to gambling disorder with comorbidities.

***Bio***

Jon Grant is a Professor of Psychiatry and Behavioral Neuroscience at the University of Chicago where he directs a clinic and research lab on addictive, compulsive and impulsive disorders. Dr. Grant conducted the initial research on many of the behavioral addictions, such as stealing, sex, fire-setting and gambling. He is the author of over 300 peer-reviewed scientific articles and the Editor in Chief of the Journal of Gambling Studies.

- 17) **Diagnosis: Gambling Disorder - CME Module** –This training program features important information for healthcare providers regarding relevant research by field experts associating gambling disorder with substance abuse and other health conditions. It is designed for the physician and other healthcare providers to learn to recognize and effectively treat patients with medical conditions potentially associated with gambling disorder.